

Discovering your true self is a crucial stage in your personal and leadership development

Just think of this: how well do you know your true self? And what is it exactly that you know? How many personal facts or character features do you know? What do you think of your true self? Is this the ultimate pride you're feeling, or maybe shame or even fear? Your self-growth and the success of personal development efforts are entirely dependent on how well you know yourself and how you feel about your personality

Course Outline:

1. Myths that You Believe
 - 7 myths that confuse your identity
 - Truths that set you free
 - Accept personal responsibility for life decisions
2. My Survival Kit
 - The DISC Test
 - Appreciate your preferences, strengths & weaknesses
 - Accept others are different
3. Authenticity is a Risky Business
 - Replace shame & fear with confidence
 - It's okay to be vulnerable
4. Communicate Openly
 - Speak plainly
 - Reflect what you hear
 - Don't jump to conclusions
5. Letting My talk Match My Walk
 - The power of the tongue
 - Words that build people
 - Guard your thought-life
6. Be Genuine for Life
 - Know that you are still "work in progress"
 - The Humility Factor
 - Display empathy and compassion

Leadership Development

Be Your True Self

14 June 2010
Hyatt Regency Kinabalu,
Kota Kinabalu

15 June 2010
Four Points by Sheraton,
Kuching

9am - 5pm

RM350 Only

In this 1-day programme, participants will learn how to:

- break out of stereo-typing and live authentic lives
- move from persona to reality
- communicate assertively without being aggressive
- adopt a truly gracious lifestyle

Speaker's Profile Mrs Joyce Chow

Mrs Joyce Chow is a widely experienced trainer and speaker for more than 10 years. She is specialized in 3 core areas: Personal Development and Motivation, Family Life and Senior Citizens.



Her programme on developing self-esteem and self awareness, leadership skills, stress, anger and time management, social graces, personal grooming and etiquette, workplace effectiveness, teamwork and building meaningful relationships are widely received and much enjoyed by participants across Malaysia, Singapore, Thailand, Indonesia, Australia and Canada. She is positive and lively in her approach and is always described by her audience as an inspiring, interactive, energetic and relevant communicator.

Prior to being a corporate trainer, Joyce has been an educator, education consultant and program writer in Singapore. She presently serves as a Resource Speaker with several of the Singapore government agencies, educational bodies, corporate companies and non-profit organisations. She owns her own training consultancy, specializing in English enrichment, drama and life skills training.

Organised by:



FEE

NORMAL RATE	RM350.00 per participant (inclusive of 1 lunch and 2 tea-breaks)
EARLY BIRD RATE	RM330.00 per participant on paid registration by 24 May 2010 .

PAYMENT/ CANCELLATION OF REGISTRATION

- ◆ All cheques should be crossed and made payable to **ADROIT GLOBAL NETWORK SDN BHD** and received prior the event.
- ◆ Cancellation must be made in writing.
- ◆ Full refund for cancellation received at least 14 days before the training.
- ◆ 50% refund for cancellation received less than 7 to 14 days before the training.
- ◆ No refund for cancellation received less than 7 days before the training but a substitute participant will be accepted at no extra cost.

REGISTRATION FORM

Be Your True Self

Please tick: 14 June 2010 - Hyatt Regency Kinabalu, Kota Kinabalu
 15 June 2010 - Four Points by Sheraton, Kuching

Company:		Contact Person:
Address:		Designation:
Tel:	Fax:	Email:
No. of participants:		Total Cost: RM
NAMES		DESIGNATION
1.		
2.		
3.		
4.		
5.		
6.		
Authorised Signatory:		Date:

THE ORGANISER RESERVES THE RIGHT TO AMEND OR CANCEL THE EVENT DUE TO UNFORESEEN CIRCUMSTANCES

ORGANISER :



ADROIT GLOBAL NETWORK SDN BHD (CO.NO. 568457-M)
(Formerly known as Adroit & Associates Sdn Bhd)
1st & 2nd Floors, Unit 41, RH Plaza
Lrg Lpg Terbang 1, 93250 Kuching, Sarawak, Malaysia
Tel : 6082 462 712 / 452 712 Fax: 6082 463 712
HIP : 6012 892 8484
Email : adroitconsultation@yahoo.com
Website : www.adroitglobalnetwork.com.my